

Rhythmix Music Workshops at College Central



The People

[College Central](#)
Hollington Youth Centre
[Rhythmix](#)

The Project

The aim of the project was to provide an opportunity for students to explore music through a number of mediums and to be given the chance to create and record their own work in the process.

Alongside this, the young people were taught about the influence of music in society and were able to make links between cultural and social changes and how they are reflected in music trends.

Successes

The students experimented with at least three different instruments each, with Rhythmix using the musical interests of the students themselves as a basis for the work, in order to maximise their engagement. The approaches used by Rhythmix were informal and non-threatening to the young people, and this resulted in good cooperation and engagement from the students.

Challenges

- Pre-existing low levels of concentration and engagement levels of students
- Getting students to focus on SMSC elements of the project
- Working with such low numbers of students can lead to difficult dynamics.

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Participation in this and other Artswork-funded projects has really kick-started changes to College Central's art and creativity curriculum.



How might the project influence how you approach or deliver similar work in the future?

- This was the first time that we delivered music workshops on a PFL course. We will be looking to deliver similar short courses in the future.
- We would plan the SMSC elements of learning in a more interactive way to better engage students in the future.
- We would seek to use work produced as evidence towards future Arts Award delivery.

Final Thoughts

Participation in this and other Artswork-funded projects has really kick-started changes to College Central's art and creativity curriculum. The school will be registering to deliver Bronze and Silver Arts Award qualifications in the next school year and will be applying for Artsmark status too.

Credits

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